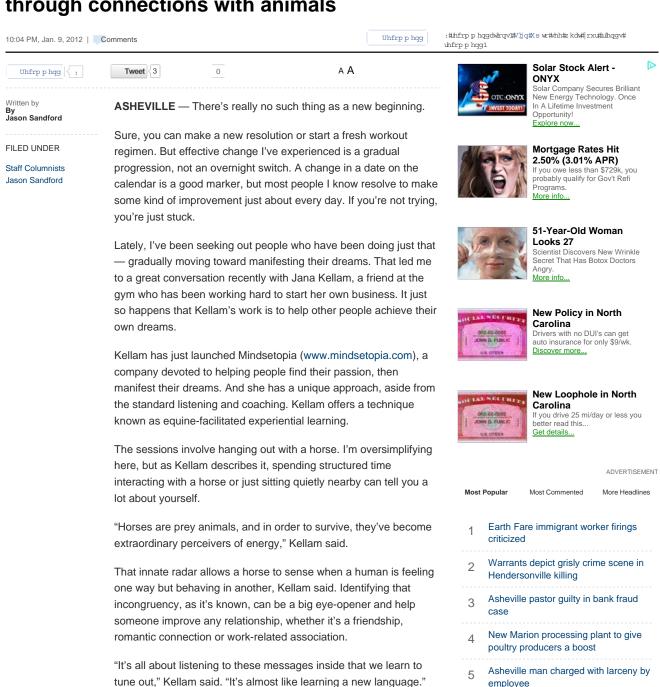
# Asheville's Ashvegas column: Woman finds personal growth through connections with animals



employee

Kellam is a longtime horse lover and has a thoroughbred, Jove. While she said she's had several "aha moments" with Jove and other horses, she knows the idea of experiencing a life-changing moment with a horse isn't for everyone. The daughter of a scientist father and a self-described one-time skeptic, Kellam simply wants to be open to the idea.

1 2

This is the opinion of Jason Sandford. Contact him at 232-5851 or jsandford@citizen-times.com. Find Ashvegas updates online at CITIZEN-TIMES.com/ashvegas and the full blog at www.ashvegas.com.

### **Most Viewed**



Cable not the only option anymore Jan. 06, 2012



# View Comments | Share your thoughts »

# **TOP VIDEO PICKS**



George Clooney on the red carpet at Palm Spri..



Attachable lenses for the **iPhone** Jan 9, 2012



Talking Your Tech | Selena Gomez Jan 9, 2012

### YOU MIGHT BE INTERESTED IN

Authorities search for missing female inmate in Asheville (Asheville Citizen-Times)

Weaverville woman charged with contributing to delinquency of minor (Asheville Citizen-Times)

MaxPreps boys basketball rankings (High School Huddle)

Robbinsville wrestler wins 100th match (High School Huddle)

Park Service ranger shot to death (Girls Gone Outdoors)

### SPONSORED LINKS

The Truth About the hCG Diet Plan (Shape Magazine)

Tiny Loophole Found in 70,320 Page IRS Tax Code Could Pay \$87,500 (Newsmax.com)

The 11 Most Expensive Dog Breeds (LearnVest)

Joel and Clay don't write often enough (Seth's Blog)

Five Things To Ask yourself About Retirement (Day One Stories)

[?]



















### Visit Asheville NC

Experience the unexpected in Asheville. Any way you like it!

#### AdChoices ▷ www.exploreasheville.com PHOTO GALLERIES



Koontz Intermediate School opens



Cherokee baskets and storytelling



ADVERTISEMENT

### **REAL DEALS**



Flip, shop and save on specials from your favorite retailers in Asheville, NC 28802

**GET DEALS NOW** 

# **MOST POPULAR**

- 1. Warrants depict grisly crime scene in Hendersonville killing
- 2. Earth Fare immigrant worker firings criticized
- 3. Asheville man charged with larceny by employee 4. New Marion processing plant to give poultry
- producers a boost 5. 'Downton Abbey's' return to PBS greeted by
- anxious fans
- 6. Asheville pastor guilty in bank fraud case 7. UNC Asheville could lose home-court edge in BSC tournament

## SUBSCRIBE!



sign up for home delivery today

# **EVENT CALENDAR**

12 10 11 13 14 15

### Shawls for Sharing

Chinese Acupuncture Clinic Asheville, NC

Microsoft Office Training Classes: Word I (2010)

MoJo Coworking Asheville, NC

Serene Winter Getaways at Biltmore Biltmore Estate Asheville, NC

MORE EVENTS | SUBMIT AN EVENT

ADVERTISEMENT

Site Map | Back to Top

| NEWS                         | SPORTS              | ENTERTAINMENT        | LIFESTYLE              | HELP                 | FOLLOW US     |
|------------------------------|---------------------|----------------------|------------------------|----------------------|---------------|
| Business                     | High school sports  | TV & Radio           | Home & Garden          | Place a classified   | Twitter       |
| Local news                   | Golf                | Movies               | Outdoors               | Contact us           | Facebook      |
| Crime                        | Outdoors            | Beer Guy             | Arts & Books           | Subscriber services  | Mobile        |
| Regional News                | High School Huddle  | Dining & Restaurants | Food & Drink           | Reprints             |               |
| Nation/World News            | Girls Gone Outdoors | Comics & Games       | Health & Fitness       | Advertiser Info      | RSS           |
| Black Mountain News          | Jarrett's Journal   | Music                | Weddings & Engagements | Submit letter editor | E-mail Alerts |
| News-Record & Sentinel       | Photo galleries     | Dishin' Diva blog    | Photo galleries        | News tips            | Text Alerts   |
| Photo galleries              |                     | Family Fun Guide     | Video                  | FAQ                  |               |
| Blogs                        |                     | Photo galleries      | Mountain Communities   | Archives             |               |
| WNC LINC                     |                     |                      | WNC Parent             |                      |               |
| VOICES & VIEWS               |                     |                      | OBITUARIES             |                      |               |
| Opinion                      |                     |                      | Search                 |                      |               |
| Columnists                   |                     |                      | Memoriams              |                      |               |
| Letters to the Editor        |                     |                      | Archive                |                      |               |
| Submit a Letter to the Edito | or                  |                      |                        |                      |               |
| Blogs                        |                     |                      |                        |                      |               |

News | Jobs | Cars for Sale | Homes for Sale | Apartments for Rent | Real Estate | Shopping

# **GANNETT**

Copyright © 2012 www.citizen-times.com. All rights reserved.

Users of this site agree to the Terms of Service, Privacy Notice/Your California Privacy Rights, and Ad Choices

ADVERTISEMENT